

4 - zaterdag 2 maart 2019

2-3-2019 - 16:00

Programmanr. 14 Heren, 100m schoolslag alg. leeftijdsgroep
2-3-2019 Resultaten Finale

Belgisch record 1:00.60 Deburghgraeve Frederik RZV Atlanta (USA) 20-7-1996
Vlaams record 1:00.60 Deburghgraeve Frederik RZV Atlanta (USA) 20-7-1996

WK limiet : 59.95 / WJK limiet 14 - 18: 1:02.64 / EJK limiet 15 - 17: 1:03.68; 18: 1:03.27 / EYOF limiet 15 - 16: 1:05.73

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
Finale A				
1. Dijkstra Juri	OCA 00	NED	1:04.53	1:03.67
50m: 30.00	100m: 1:03.67			
2. Grondel Charles	SCSG 02	BEL	1:04.64	1:04.93
50m: 30.74	100m: 1:04.93			
3. Callewaert Niels	BRABO 00	BEL	1:06.14	1:05.43
50m: 29.95	100m: 1:05.43			
4. Ruijten Sander	DMB 01	BEL	1:05.99	1:06.63
50m: 31.18	100m: 1:06.63			
5. De Coster Robbe	MEGA 98	BEL	1:06.73	1:06.77
50m: 31.44	100m: 1:06.77			
6. De Schryver Noah	ZNA 01	BEL	1:06.47	1:07.37
50m: 31.42	100m: 1:07.37			
7. Hebb Xander	STW 03	BEL	1:06.33	1:08.30
50m: 32.20	100m: 1:08.30			
DIS Oegretir Berkay Oemer	TUR 98	TUR	1:03.54	
<i>SW 7.1.a - meer dan één vlinderslag beenbeweging uitgevoerd na S of KP</i>				

Finale B

9. Vaernewyck Xander	KZK 99	BEL	1:07.94	1:07.82
50m: 32.19	100m: 1:07.82			
10. Mestdagh Arne	KZK 02	BEL	1:08.53	1:07.94
50m: 32.10	100m: 1:07.94			
11. Vranckx Bjarne	BEST 99	BEL	1:09.24	1:08.64
50m: 32.20	100m: 1:08.64			
12. De Meyer Niels	BRABO 02	BEL	1:10.22	1:09.62
50m: 32.64	100m: 1:09.62			
13. Vanderhulst Midas	STT 01	BEL	1:08.74	1:09.63
50m: 32.50	100m: 1:09.63			
14. Decuyper Brecht	MEGA 00	BEL	1:10.47	1:10.13
50m: 32.79	100m: 1:10.13			
15. Janssens Renzo	BRABO 02	BEL	1:09.89	1:10.15
50m: 32.26	100m: 1:10.15			
16. Delbecque Tore	GOLD 00	BEL	1:10.60	1:10.28
50m: 33.15	100m: 1:10.28			

Programmanr. 15 Dames, 200m wisselslag alg. leeftijdsgroep
2-3-2019 Resultaten Finale

Belgisch record 2:13.68 Lecluyse Fanny DM Shanghai (CHN) 24-7-2011
Vlaams record 2:15.33 Buys Kimberly BRABO Antwerpen 22-1-2011

WK limiet : 2:13.03 / WJK limiet 14 - 17: 2:17.55 / EJK limiet 14 - 16: 2:19.35; 17: 2:18.94 / EYOF limiet 15: 2:23.49

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
Finale A				
1. Dumont Josephine	PERRON 02	BEL	2:21.62	2:19.38
50m: 30.45	100m: 1:07.25	150m: 1:46.85	200m: 2:19.38	
2. Goris Lotte	BRABO 00	BEL	2:24.45	2:21.10
50m: 29.89	100m: 1:07.07	150m: 1:49.60	200m: 2:21.10	
3. Geeroms Anke	BRABO 00	BEL	2:23.70	2:22.65
50m: 30.69	100m: 1:09.16	150m: 1:48.02	200m: 2:22.65	
4. De Vries Lize Janna	ORCA 01	NED	2:28.00	2:26.28
50m: 31.46	100m: 1:09.55	150m: 1:52.94	200m: 2:26.28	
5. Maerevoet Marie	SHARK 04	BEL	2:25.28	2:26.63
50m: 31.19	100m: 1:10.06	150m: 1:52.98	200m: 2:26.63	
6. Dom Yne	SHARK 95	BEL	2:26.00	2:27.12
50m: 31.76	100m: 1:09.70	150m: 1:54.40	200m: 2:27.12	
7. Feyen Charlotte	BRABO 03	BEL	2:29.82	2:28.15
50m: 32.36	100m: 1:11.69	150m: 1:53.37	200m: 2:28.15	
8. Vandendorpe Florence	KZK 02	BEL	2:29.71	2:29.79
50m: 32.39	100m: 1:13.49	150m: 1:56.32	200m: 2:29.79	
Finale B				
9. De Carne Lara	FIRST 02	BEL	2:31.82	2:29.21
50m: 32.00	100m: 1:11.93	150m: 1:55.08	200m: 2:29.21	
10. Dillen Jans	DBT 03	BEL	2:30.00	2:29.46
50m: 31.71	100m: 1:11.30	150m: 1:54.98	200m: 2:29.46	
11. Deconinck Gaëlle	BZK 04	BEL	2:32.14	2:31.81
50m: 30.31	100m: 1:09.54	150m: 1:57.38	200m: 2:31.81	
12. Brissinck Justine	ROSC 02	BEL	2:31.80	2:32.04
50m: 31.84	100m: 1:12.50	150m: 1:58.14	200m: 2:32.04	
13. Gosuin Augustine	MOSAN 04	BEL	2:30.82	2:32.07
50m: 33.52	100m: 1:13.58	150m: 1:56.91	200m: 2:32.07	
14. Sneppe Diede	DDAT 03	BEL	2:31.19	2:32.49
50m: 33.40	100m: 1:12.80	150m: 1:58.81	200m: 2:32.49	
15. Remmery Anice	KZK 02	BEL	2:29.86	2:33.21
50m: 33.59	100m: 1:14.02	150m: 1:57.79	200m: 2:33.21	
16. Puttaert Elien	DDAT 04	BEL	2:32.84	2:33.71
50m: 33.36	100m: 1:14.56	150m: 1:57.97	200m: 2:33.71	

Programmanr. 16 Heren, 100m rugslag alg. leeftijdsgroep
2-3-2019 Resultaten Finale

Belgisch record 55.14 Vanluchene Emmanuel GOLD Antwerpen 20-5-2013
Vlaams record 55.14 Vanluchene Emmanuel GOLD Antwerpen 20-5-2013

WK limiet : 54.06 / WJK limiet 14 - 18: 55.63 / EJK limiet 15 - 17: 56.60; 18: 56.19 / EYOF limiet 15 - 16: 58.90

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
Finale A				
1. Groenhart Jari	OCD 00	NED	58.84	56.59
50m: 27.66	100m: 56.59			
2. Franckx Stan	STT 02	BEL	58.18	57.99
50m: 27.90	100m: 57.99			
3. Lafort Iarre	FIRST 93	BEL	58.93	59.04
50m: 27.83	100m: 59.04			
4. Guldentops Kevin	FIRST 00	BEL	59.75	1:00.49
50m: 29.63	100m: 1:00.49			
5. Guillemyn Lucas	KZK 03	BEL	1:00.64	1:00.92
50m: 29.83	100m: 1:00.92			
6. Peters Bert	MEGA 92	BEL	1:01.82	1:01.75
50m: 29.56	100m: 1:01.75			
7. Berges Jens	HZA 01	BEL	1:01.39	1:01.97
50m: 30.00	100m: 1:01.97			
8. Sempels Gilles	STT 02	BEL	1:02.02	1:03.18
50m: 30.61	100m: 1:03.18			
Finale B				
9. Berx Jonas	STT 00	BEL	1:02.52	1:01.69
50m: 29.62	100m: 1:01.69			
10. Trap Alexander	BRABO 97	BEL	1:02.48	1:01.78
50m: 30.43	100m: 1:01.78			
11. Van Synghel Noah	FIRST 02	BEL	1:02.91	1:02.94
50m: 30.08	100m: 1:02.94			
12. Deblock Lucas	UZKZ 00	BEL	1:03.28	1:03.06
50m: 30.51	100m: 1:03.06			
13. Vanspauwen Alexander	HZS 03	BEL	1:03.02	1:03.10
50m: 30.46	100m: 1:03.10			
14. Verbeek Mats	SHARK 01	BEL	1:03.03	1:03.28
50m: 30.11	100m: 1:03.28			
15. Drijvers Seppe	BEST 98	BEL	1:03.41	1:03.62
50m: 30.86	100m: 1:03.62			
16. De Mey Largo	SCSG 01	BEL	1:03.11	1:03.73
50m: 30.61	100m: 1:03.73			

Programmanr. 17 Dames, 100m vrije slag alg. leeftijdsgroep
2-3-2019 Resultaten Finale

Belgisch record	55.47	Buyts Kimberly	BRABO	Antwerpen	14-5-2017
Vlaams record	55.47	Buyts Kimberly	BRABO	Antwerpen	14-5-2017

Punten:

Rang		Geb.	Inschr.	Tijd	Pnt
Finale A					
1.	De Jong Imani	OCA 02	NED	56.77	56.08
	50m: 27.15 100m: 56.08				
2.	Dumont Juliette	PERRON 00	BEL	57.24	56.75
	50m: 27.52 100m: 56.75				
3.	Holkenborg Silke	OCD 01	NED	57.60	57.14
	50m: 27.81 100m: 57.14				
4.	Buyts Kimberly	BRABO 89	BEL	57.35	57.20
	50m: 27.42 100m: 57.20				
5.	Ravelingien Lana	BRABO 03	BEL	57.29	57.22
	50m: 27.61 100m: 57.22				
6.	Van Brabandt Zita	ISWIM 03	BEL	57.65	57.96
	50m: 27.77 100m: 57.96				
7.	Bouden Camille	ZB 01	BEL	58.70	58.74
	50m: 28.59 100m: 58.74				
8.	Garcia Zamora Salomé	PERRON 01	BEL	58.82	58.99
	50m: 28.52 100m: 58.99				
Finale B					
9.	Khiyara Lina	PERRON 03	BEL	1:00.03	59.11
	50m: 28.87 100m: 59.11				
10.	Feys Jutta	BZK 02	BEL	1:00.00	59.81
	50m: 28.85 100m: 59.81				
11.	Daemen Sien	DMB 01	BEL	59.61	59.84
	50m: 28.40 100m: 59.84				
12.	Van Wallendael Sarah	BRABO 02	BEL	1:00.09	1:00.06
	50m: 29.01 100m: 1:00.06				
13.	Inkaya Dalya	MEGA 03	BEL	59.73	1:00.07
	50m: 28.74 100m: 1:00.07				
14.	Wauters Laura	STT 03	BEL	1:00.12	1:00.68
	50m: 29.13 100m: 1:00.68				
15.	Goethals Hilkje	MEGA 95	BEL	59.72	1:00.95
	50m: 29.53 100m: 1:00.95				
16.	Deconinck Gaëlle	BZK 04	BEL	1:00.29	1:01.03
	50m: 29.33 100m: 1:01.03				

VK 2019
Antwerpen, 1- - 3-3-2019

Programmanr. 18 Heren, 50m vrije slag alg. leeftijdsgroep
2-3-2019 Resultaten Finale

Belgisch record 22.13 Grandjean Yoris LGN Antwerpen 1-5-2009
Vlaams record 22.19 Aerents Jasper BZK Antwerpen 19-1-2013

WK limiet : 22.18 / WJK limiet 14 - 18: 22.64 / EJK limiet 15 - 17: 22.87; 18: 22.87 / EYOF limiet 15 - 16: 23.82

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt	
Finale A					
1.	Timmers Pieter	BRABO 88	BEL	23.02	22.64
2.	Aerents Jasper	BZK 92	BEL	22.83	22.74
3.	Simons Kenzo	OCA 01	NED	23.02	22.86
4.	Vangoetsenhoven Dries	BRABO 97	BEL	23.54	23.32
5.	De Meulemeester Sébastien	BRABO 98	BEL	23.54	23.47
6.	Krijgsman Jens	OCA 99	NED	23.80	23.74
7.	De Smedt Jesse	BRABO 00	BEL	23.92	23.77
8.	Lafort Iarre	FIRST 93	BEL	24.09	24.79

Finale B

9.	Meeus Elias	LAQUA 03	BEL	24.13	24.01
10.	Verbeek Bram	LWB 99	BEL	24.33	24.24
11.	Weiremans Lorenz	BRABO 96	BEL	24.17	24.26
12.	De Weirdt Jan	STA 00	BEL	24.60	24.32
13.	Vanderschrick Stephan	BZK 00	BEL	24.71	24.38
14.	Dewulf Gillian	KZK 96	BEL	24.37	24.45
15.	Haegeman Jonas	AST 99	BEL	24.76	24.84
16.	Camps Roeland	STT 01	BEL	24.65	24.99

Programmanr. 19 Dames, 200m rugslag alg. leeftijdsgroep
2-3-2019 Resultaten Finale

Belgisch record 2:11.82 Buys Kimberly BRABO Antwerpen 23-1-2011
Vlaams record 2:11.82 Buys Kimberly BRABO Antwerpen 23-1-2011

WK limiet : 2:11.53 / WJK limiet 14 - 17: 2:14.22 / EJK limiet 14 - 16: 2:16.90; 17: 2:15.57 / EYOF limiet 15: 2:20.97

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt	
Finale A					
1.	Tienstra Marieke	OCD 99	NED	2:18.97	2:16.12
	50m: 31.62 100m: 1:06.39 150m: 1:41.22 200m: 2:16.12				
2.	Smits Jade	BRABO 01	BEL	2:19.46	2:19.55
	50m: 32.32 100m: 1:07.51 150m: 1:44.08 200m: 2:19.55				
3.	Bouden Camille	ZB 01	BEL	2:23.63	2:22.95
	50m: 33.66 100m: 1:10.13 150m: 1:47.19 200m: 2:22.95				
4.	Vanderschrick Laura	BZK 02	BEL	2:24.11	2:24.93
	50m: 33.14 100m: 1:09.90 150m: 1:47.67 200m: 2:24.93				
5.	Gries Laure	CNSW 04	BEL	2:24.34	2:25.20
	50m: 33.41 100m: 1:09.48 150m: 1:47.32 200m: 2:25.20				
6.	Decaesstecker Elise	ZB 04	BEL	2:23.58	2:26.06
	50m: 33.13 100m: 1:11.61 150m: 1:49.98 200m: 2:26.06				

VK 2019
Antwerpen, 1- - 3-3-2019

Programmanr. 19, Dames, 200m rugslag, Finale, alg. leeftijdsgroep

Rang			Geb.		Inshr.		Tijd	Pnt
7.	Van Heghe Margot	FIRST	99	BEL	2:26.16	2:26.99		
	50m: 33.87	100m: 1:11.04	150m: 1:49.21	200m: 2:26.99				
8.	Hansenne Nona	AART	01	BEL	2:25.61	2:28.80		
	50m: 33.59	100m: 1:10.66	150m: 1:49.36	200m: 2:28.80				

Finale B

9.	Vanassche Flore	BZK	04	BEL	2:28.42	2:26.75		
	50m: 35.06	100m: 1:12.09	150m: 1:49.83	200m: 2:26.75				
10.	Van Steen Yinthe	TZ	03	BEL	2:27.02	2:27.21		
	50m: 34.51	100m: 1:12.01	150m: 1:50.38	200m: 2:27.21				
11.	Backes Zoe	SSSV	04	BEL	2:29.24	2:27.49		
	50m: 34.92	100m: 1:11.39	150m: 1:49.41	200m: 2:27.49				
12.	Serverius Femke	MEGA	02	BEL	2:28.17	2:27.66		
	50m: 35.19	100m: 1:12.26	150m: 1:50.04	200m: 2:27.66				
13.	Garraux Eva	PERRON	03	BEL	2:27.94	2:29.19		
	50m: 35.66	100m: 1:13.62	150m: 1:52.17	200m: 2:29.19				
14.	Dom Yne	SHARK	95	BEL	2:28.70	2:29.54		
	50m: 34.87	100m: 1:12.50	150m: 1:51.24	200m: 2:29.54				
15.	Taecke Ine	DMI	02	BEL	2:31.41	2:30.87		
	50m: 34.50	100m: 1:11.78	150m: 1:51.57	200m: 2:30.87				
16.	Gosuin Augustine	MOSAN	04	BEL	2:31.12	2:36.92		
	50m: 35.79	100m: 1:15.64	150m: 1:56.50	200m: 2:36.92				

Programmanr. 20
2-3-2019

Heren, 200m vlinderslag

alg. leeftijdsgroep
Resultaten Finale

Belgisch record	1:55.39	Croenen Louis	SHARK	Kazan (RUS)	5-8-2015
Vlaams record	1:55.39	Croenen Louis	SHARK	Kazan (RUS)	5-5-2015
WK limiet : 1:56.71 / WJK limiet 14 - 18: 2:00.97 / EJK limiet 15 - 17: 2:02.73; 18: 2:02.19 / EYOF limiet 15 - 16: 2:05.23					

Punten:

Rang			Geb.		Inshr.		Tijd	Pnt
1.	Croenen Louis	SHARK	94	BEL	2:02.26	1:58.59		
	50m: 26.70	100m: 57.06	150m: 1:28.20	200m: 1:58.59				
2.	Vanhuyt Logan	DM	97	BEL	2:06.51	2:02.98		
	50m: 27.26	100m: 59.08	150m: 1:31.09	200m: 2:02.98				
3.	Mulkers Lander	HZS	00	BEL	2:09.27	2:08.01		
	50m: 27.89	100m: 1:00.86	150m: 1:34.00	200m: 2:08.01				
4.	De Bruin Junior	OCD	00	NED	2:12.42	2:11.42		
	50m: 28.85	100m: 1:02.00	150m: 1:36.44	200m: 2:11.42				
5.	Ardenoy Viktor	BZK	02	BEL	2:11.71	2:12.16		
	50m: 28.59	100m: 1:01.86	150m: 1:36.87	200m: 2:12.16				
6.	Dejonghe Arnaud	DMI	02	BEL	2:16.01	2:13.45		
	50m: 29.17	100m: 1:03.08	150m: 1:37.88	200m: 2:13.45				

Programmanr. 20, Heren, 200m vlinderslag, Finale, alg. leeftijdsgroep

Rang		Geb.	Inscr.	Tijd	Pnt
7.	Vandersypen Vincent	BRABO 99	BEL	2:13.75	2:16.90
	50m: 29.71 100m: 1:03.92 150m: 1:39.54 200m: 2:16.90				
8.	Hebb Xander	STW 03	BEL	2:15.39	2:19.07
	50m: 29.52 100m: 1:04.60 150m: 1:41.27 200m: 2:19.07				

Programmanr. 21
2-3-2019

Dames, 200m schoolslag

alg. leeftijdsgroep
Resultaten Finale

Belgisch record	2:23.77	Lecluyse Fanny	DM	Kazan (RUS)	6-8-2015
Vlaams record	2:27.04	Matthyssen Elise	BRABO	Beijing (CHN)	13-8-2008
WK limiet : 2:25.91 / WJK limiet 14 - 17: 2:30.41 / EJK limiet 14 - 16: 2:32.73; 17: 2:31.93 / EYOF limiet 15: 2:37.42					

Punten:

Rang		Geb.	Inscr.	Tijd	Pnt
Finale A					
1.	Michels Lise	DM 99	BEL	2:35.78	2:32.51
	50m: 35.22 100m: 1:14.25 150m: 1:53.49 200m: 2:32.51				
2.	Dumont Josephine	PERRON 02	BEL	2:33.96	2:33.39
	50m: 35.54 100m: 1:14.41 150m: 1:53.70 200m: 2:33.39				
3.	Gaspard Florine	CNB 01	BEL	2:35.23	2:37.22
	50m: 35.34 100m: 1:14.95 150m: 1:56.02 200m: 2:37.22				
4.	Borgonie Lisa	RZV 03	BEL	2:43.09	2:42.55
	50m: 35.97 100m: 1:18.05 150m: 2:00.81 200m: 2:42.55				
5.	Schoefs Elise	HZS 98	BEL	2:43.14	2:42.74
	50m: 36.02 100m: 1:17.20 150m: 1:59.62 200m: 2:42.74				
6.	Pas Inte	ZORO 03	BEL	2:43.95	2:43.05
	50m: 36.47 100m: 1:18.50 150m: 2:01.44 200m: 2:43.05				
7.	Staes Jolien	SHARK 02	BEL	2:44.94	2:46.49
	50m: 37.00 100m: 1:18.62 150m: 2:02.13 200m: 2:46.49				
8.	Gosuin Augustine	MOSAN 04	BEL	2:44.79	2:48.10
	50m: 37.85 100m: 1:20.37 150m: 2:04.25 200m: 2:48.10				
Finale B					
9.	Puttaert Elien	DDAT 04	BEL	2:45.23	2:45.65
	50m: 37.84 100m: 1:20.65 150m: 2:02.74 200m: 2:45.65				
10.	Wittebans Odil	ZCT 03	BEL	2:48.73	2:47.27
	50m: 37.62 100m: 1:20.22 150m: 2:03.81 200m: 2:47.27				
11.	De Heyder Lot	MEGA 02	BEL	2:50.80	2:47.64
	50m: 38.01 100m: 1:19.98 150m: 2:03.64 200m: 2:47.64				
12.	Van Poucke Hanne	MEGA 04	BEL	2:50.43	2:48.01
	50m: 37.69 100m: 1:20.80 150m: 2:04.14 200m: 2:48.01				
13.	Wijnants Jasmine	SHARK 02	BEL	2:47.79	2:49.52
	50m: 36.67 100m: 1:19.31 150m: 2:04.07 200m: 2:49.52				
14.	Vandewal Britt	OZV 03	BEL	2:49.06	2:51.83
	50m: 38.45 100m: 1:22.14 150m: 2:06.64 200m: 2:51.83				

VK 2019
Antwerpen, 1- - 3-3-2019

Programmanr. 21, Dames, 200m schoolslag, Finale, alg. leeftijdsgroep

Rang				Geb.				Inshr.	Tijd	Pnt
15.	Dinneweth Axelle	ZTZ	04	BEL	2:48.85				2:52.98	
	50m: 36.94	100m: 1:20.93	150m: 2:06.74	200m: 2:52.98						
16.	De Vries Lize Janna	ORCA	01	NED	2:48.95				2:56.66	
	50m: 40.35	100m: 1:25.48	150m: 2:10.80	200m: 2:56.66						

Programmanr. 22
2-3-2019

Heren, 400m vrije slag

alg. leeftijdsgroep
Resultaten Finale

Belgisch record	3:50.66	Hendrickx Lander	BEST	Antwerpen	24-1-2015
Vlaams record	3:50.66	Hendrickx Lander	BEST	Antwerpen	24-1-2015

WK limiet : 3:48.15 / WJK limiet 14 - 18: 3:52.37 / EJK limiet 15 - 17: 3:56.05; 18: 3:54.71 / EYOF limiet 15 - 16: 4:03.17

Punten:

Rang				Geb.				Inshr.	Tijd	Pnt
Finale A										
1.	Kroon Luc	OCA	01	NED	3:57.35				3:54.31	
	50m: 27.21	150m: 1:27.11	250m: 2:26.94	350m: 3:25.40						
	100m: 56.88	200m: 1:57.30	300m: 2:56.29	400m: 3:54.31						
2.	Hendrickx Lander	LAQUA	94	BEL	3:56.62				3:56.83	
	50m: 27.66	150m: 1:27.73	250m: 2:27.89	350m: 3:27.84						
	100m: 57.45	200m: 1:57.74	300m: 2:57.64	400m: 3:56.83						
3.	Martens Noah	BRABO	00	BEL	4:00.30				3:57.92	
	50m: 26.96	150m: 1:26.34	250m: 2:27.08	350m: 3:28.17						
	100m: 56.31	200m: 1:56.46	300m: 2:57.58	400m: 3:57.92						
4.	Dal Lucas	DM	99	BEL	3:58.77				3:57.95	
	50m: 27.54	150m: 1:27.61	250m: 2:28.37	350m: 3:29.11						
	100m: 57.40	200m: 1:58.03	300m: 2:58.94	400m: 3:57.95						
5.	Marcourt Alexandre	STT	99	BEL	4:00.32				4:03.86	
	50m: 27.56	150m: 1:27.52	250m: 2:28.72	350m: 3:32.40						
	100m: 57.60	200m: 1:57.93	300m: 2:59.83	400m: 4:03.86						
6.	Thijs Thomas	ZGEEL	97	BEL	4:00.36				4:06.73	
	50m: 26.76	150m: 1:27.13	250m: 2:30.33	350m: 3:35.09						
	100m: 56.26	200m: 1:58.36	300m: 3:02.04	400m: 4:06.73						
7.	Sommeling Bart	OCA	98	NED	4:03.04				4:06.99	
	50m: 27.74	150m: 1:28.18	250m: 2:30.47	350m: 3:35.55						
	100m: 58.27	200m: 1:59.73	300m: 3:03.07	400m: 4:06.99						
8.	Marichal Seppe	BRABO	01	BEL	4:11.40				4:11.18	
	50m: 28.91	150m: 1:32.47	250m: 2:36.09	350m: 3:40.70						
	100m: 1:00.57	200m: 2:04.88	300m: 3:08.19	400m: 4:11.18						
Finale B										
9.	Vanderschrick Stephan	BZK	00	BEL	4:11.85				4:09.95	
	50m: 28.80	150m: 1:31.26	250m: 2:34.72	350m: 3:38.85						
	100m: 59.78	200m: 2:03.28	300m: 3:06.94	400m: 4:09.95						
10.	Berx Robbe	STT	03	BEL	4:11.95				4:09.97	
	50m: 28.82	150m: 1:32.00	250m: 2:36.11	350m: 3:40.19						
	100m: 1:00.36	200m: 2:03.96	300m: 3:08.53	400m: 4:09.97						

VK 2019
Antwerpen, 1- - 3-3-2019

Programmanr. 22, Heren, 400m vrije slag, Finale, alg. leeftijdsgroep

Rang			Geb.		Inshr.		Tijd	Pnt
11.	Housen Stef	DMB	00	BEL	4:14.15		4:11.75	
	50m: 28.79	150m: 1:31.97	250m: 2:36.64	350m: 3:41.23				
	100m: 1:00.29	200m: 2:04.15	300m: 3:09.13	400m: 4:11.75				
12.	Sodemann Elliot	LAQUA	98	BEL	4:12.40		4:12.21	
	50m: 29.75	150m: 1:32.27	250m: 2:36.48	350m: 3:41.04				
	100m: 1:00.67	200m: 2:04.19	300m: 3:08.78	400m: 4:12.21				
13.	Loones Matthias	MEGA	97	BEL	4:12.28		4:14.27	
	50m: 29.08	150m: 1:33.13	250m: 2:37.96	350m: 3:43.51				
	100m: 1:00.49	200m: 2:05.58	300m: 3:10.52	400m: 4:14.27				
14.	David Loeka	MEGA	03	BEL	4:13.74		4:15.47	
	50m: 28.13	150m: 1:33.00	250m: 2:38.09	350m: 3:43.91				
	100m: 1:00.47	200m: 2:05.85	300m: 3:11.04	400m: 4:15.47				
15.	Berx Jonas	STT	00	BEL	4:18.83		4:24.99	
	50m: 29.17	150m: 1:34.63	250m: 2:43.61	350m: 3:52.14				
	100m: 1:01.31	200m: 2:09.12	300m: 3:17.87	400m: 4:24.99				
16.	Spanhove Lars	MEGA	96	BEL	4:16.69		4:25.63	
	50m: 29.41	150m: 1:36.33	250m: 2:43.33	350m: 3:51.70				
	100m: 1:02.70	200m: 2:09.97	300m: 3:17.17	400m: 4:25.63				

Programmanr. 23
2-3-2019

Dames, 50m vlinderslag

alg. leeftijdsgroep
Resultaten Finale

Belgisch record	25.70	Buyts Kimberly	BRABO	Budapest (HUN)	28-7-2017
Vlaams record	25.70	Buyts Kimberly	BRABO	Budapest (HUN)	28-7-2017
WK limiet : 26.34 / WJK limiet 14 - 17: 27.02 / EJK limiet 14 - 16: 27.29; 17: 27.29					

Punten:

Rang			Geb.		Inshr.	Tijd	Pnt
Finale A							
1.	Buyts Kimberly	BRABO	89	BEL	26.57		26.83
2.	Tienstra Marieke	OCD	99	NED	27.90		27.36
3.	Wauters Laura	STT	03	BEL	28.45		28.11
4.	Vandenbussche Indra	BZK	02	BEL	28.58		28.15
5.	Dumont Juliette	PERRON	00	BEL	27.99		28.26
6.	Palmans Anne	OCA	00	NED	28.31		28.46
7.	Van Heghe Margot	FIRST	99	BEL	28.51		28.58
8.	Deconinck Gaëlle	BZK	04	BEL	28.74		28.86
Finale B							
9.	Rombout Lisa	HZA	01	BEL	28.92		28.78
10.	De Keersmaeker Audrey	BRABO	99	BEL	29.01		29.02
11.	Van Brabant Zita	ISWIM	03	BEL	29.00		29.10
12.	Van Wallendael Sarah	BRABO	02	BEL	28.83		29.25
13.	Maes Rosanne	AART	01	BEL	28.86		29.34
14.	De Carne Lara	FIRST	02	BEL	29.31		29.47
15.	Goethals Hilke	MEGA	95	BEL	29.33		29.63
16.	Decaesstecker Elise	ZB	04	BEL	29.05		29.67

Programmanr. 24 Dames, 800m vrije slag 15 jaar en ouder
2-3-2019 Resultaten

Belgisch record 8:34.56 Arnould Isabelle LGN Seoul (KOR) 23-9-1988
Vlaams record 8:44.84 Verbauwen Pascale MZV Moskou (RUS) 27-7-1980

WK limiet alg.: 8:38.56 / WJK limiet 14 - 17: 8:40.57 / EJK limiet 14 - 16: 8:55.65

Punten:

Rang	Geb.	Inschr.	Tijd	Pnt
15 - 16 jaar				
1.	Garcia Zamora Ilona	PERRON 03	BEL 9:12.11	9:23.54
	50m: 30.30 200m: 2:13.32 350m: 3:59.34 500m: 5:48.20 650m: 7:35.98 800m: 9:23.54			
	100m: 1:03.88 250m: 2:48.22 400m: 4:35.85 550m: 6:23.88 700m: 8:12.57			
	150m: 1:37.95 300m: 3:24.04 450m: 5:11.41 600m: 7:00.50 750m: 8:48.22			
2.	Inkaya Dalya	MEGA 03	BEL 9:22.66	9:29.66
	50m: 30.76 200m: 2:16.87 350m: 4:05.00 500m: 5:52.36 650m: 7:42.81 800m: 9:29.66			
	100m: 1:05.16 250m: 2:52.85 400m: 4:40.53 550m: 6:29.45 700m: 8:19.29			
	150m: 1:41.45 300m: 3:28.52 450m: 5:16.88 600m: 7:06.01 750m: 8:55.45			
3.	Lingier Loes	BZK 04	BEL 9:43.03	9:38.12
	50m: 32.22 200m: 2:20.02 350m: 4:09.16 500m: 5:59.43 650m: 7:50.11 800m: 9:38.12			
	100m: 1:07.59 250m: 2:56.08 400m: 4:45.93 550m: 6:36.29 700m: 8:26.77			
	150m: 1:43.68 300m: 3:32.46 450m: 5:22.80 600m: 7:13.15 750m: 9:03.18			
4.	Trop Yana	SHARK 04	BEL 9:43.27	9:38.50
	50m: 31.90 200m: 2:18.81 350m: 4:07.89 500m: 5:59.05 650m: 7:52.22 800m: 9:38.50			
	100m: 1:06.85 250m: 2:54.98 400m: 4:44.74 550m: 6:36.67 700m: 8:29.24			
	150m: 1:42.44 300m: 3:31.65 450m: 5:21.91 600m: 7:14.73 750m: 9:05.42			
5.	Truye Alexine	GOLD 04	BEL 9:52.25	9:46.37
	50m: 32.91 200m: 2:22.53 350m: 4:13.77 500m: 6:05.75 650m: 7:57.80 800m: 9:46.37			
	100m: 1:08.55 250m: 2:59.31 400m: 4:51.03 550m: 6:43.27 700m: 8:34.87			
	150m: 1:45.74 300m: 3:36.44 450m: 5:28.50 600m: 7:20.53 750m: 9:10.89			
6.	Ravelingien Kato	BRABO 03	BEL 9:58.37	9:50.69
	50m: 33.05 200m: 2:24.46 350m: 4:16.64 500m: 6:08.71 650m: 7:59.97 800m: 9:50.69			
	100m: 1:09.51 250m: 3:01.53 400m: 4:54.00 550m: 6:45.50 700m: 8:37.51			
	150m: 1:46.70 300m: 3:39.15 450m: 5:31.01 600m: 7:22.88 750m: 9:14.56			
7.	Kuipers Suze	ORCA 03	NED 9:45.46	9:57.13
	50m: 33.61 200m: 2:26.31 350m: 4:19.13 500m: 6:11.73 650m: 8:04.84 800m: 9:57.13			
	100m: 1:10.86 250m: 3:03.67 400m: 4:57.16 550m: 6:49.32 700m: 8:42.55			
	150m: 1:48.54 300m: 3:41.32 450m: 5:34.28 600m: 7:27.25 750m: 9:20.47			
8.	Wijnants Eveline	SHARK 04	BEL 10:17.20	9:57.42
	50m: 32.37 200m: 2:24.22 350m: 4:18.92 500m: 6:13.43 650m: 8:07.22 800m: 9:57.42			
	100m: 1:08.52 250m: 3:02.61 400m: 4:57.03 550m: 6:51.80 700m: 8:45.01			
	150m: 1:46.32 300m: 3:40.59 450m: 5:35.19 600m: 7:29.53 750m: 9:22.13			
9.	Morren Maaike	BEST 03	BEL 10:07.56	9:58.48
	50m: 33.03 200m: 2:24.54 350m: 4:17.44 500m: 6:12.15 650m: 8:07.31 800m: 9:58.48			
	100m: 1:09.95 250m: 3:01.45 400m: 4:55.77 550m: 6:50.55 700m: 8:45.44			
	150m: 1:47.03 300m: 3:39.70 450m: 5:33.59 600m: 7:29.47 750m: 9:22.88			
10.	Cornelissen Dali	BRABO 04	BEL 9:51.26	10:10.89
	50m: 33.66 200m: 2:25.11 350m: 4:19.80 500m: 6:16.23 650m: 8:14.13 800m: 10:10.89			
	100m: 1:10.09 250m: 3:03.35 400m: 4:58.19 550m: 6:55.57 700m: 8:53.31			
	150m: 1:47.67 300m: 3:41.00 450m: 5:37.26 600m: 7:34.81 750m: 9:32.49			
11.	Feys Jana	IKZ 03	BEL 10:10.81	10:18.84
	50m: 33.67 200m: 2:27.50 350m: 4:24.78 500m: 6:22.33 650m: 8:22.06 800m: 10:18.84			
	100m: 1:11.00 250m: 3:06.45 400m: 5:04.40 550m: 7:01.98 700m: 9:01.87			
	150m: 1:48.85 300m: 3:45.62 450m: 5:42.94 600m: 7:42.36 750m: 9:40.64			

Programmanr. 24, Dames, 800m vrije slag

17 - 18 jaar

1.	De Jong Imani	OCA	02	NED	9:04.72	8:53.69		
	50m: 30.19	200m: 2:09.75	350m: 3:51.77	500m: 5:33.29	650m: 7:15.25	800m: 8:53.69		
	100m: 1:02.56	250m: 2:43.87	400m: 4:25.55	550m: 6:07.42	700m: 7:49.18			
	150m: 1:36.25	300m: 3:17.70	450m: 4:59.51	600m: 6:41.27	750m: 8:22.49			
2.	Van Deuren Charlotte	BRABO	01	BEL	9:45.12	9:35.01		
	50m: 32.01	200m: 2:18.39	350m: 4:06.87	500m: 5:56.93	650m: 7:47.62	800m: 9:35.01		
	100m: 1:06.81	250m: 2:54.15	400m: 4:43.52	550m: 6:33.90	700m: 8:24.35			
	150m: 1:42.53	300m: 3:30.34	450m: 5:19.94	600m: 7:10.94	750m: 9:00.15			
3.	De Vries Lize Janna	ORCA	01	NED	9:29.89	9:36.27		
	50m: 32.13	200m: 2:20.36	350m: 4:10.45	500m: 6:00.32	650m: 7:49.80	800m: 9:36.27		
	100m: 1:07.88	250m: 2:57.05	400m: 4:46.70	550m: 6:36.85	700m: 8:25.78			
	150m: 1:44.52	300m: 3:33.33	450m: 5:23.74	600m: 7:13.24	750m: 9:01.70			
4.	Theuwis Rune	OZV	02	BEL	9:54.45	9:44.36		
	50m: 32.39	200m: 2:22.17	350m: 4:13.05	500m: 6:04.79	650m: 7:56.19	800m: 9:44.36		
	100m: 1:08.42	250m: 2:59.11	400m: 4:50.12	550m: 6:41.90	700m: 8:33.06			
	150m: 1:45.52	300m: 3:36.06	450m: 5:27.53	600m: 7:18.81	750m: 9:09.38			
5.	Martens Chloë	BRABO	02	BEL	9:47.44	9:45.20		
	50m: 32.54	200m: 2:21.12	350m: 4:13.30	500m: 6:04.20	650m: 7:56.60	800m: 9:45.20		
	100m: 1:07.86	250m: 2:58.63	400m: 4:50.59	550m: 6:41.71	700m: 8:33.88			
	150m: 1:44.54	300m: 3:35.74	450m: 5:27.54	600m: 7:18.96	750m: 9:10.07			
6.	Vanhee Steffi	IKZ	01	BEL	9:45.99	9:46.18		
	50m: 33.05	200m: 2:21.11	350m: 4:12.11	500m: 6:03.33	650m: 7:55.39	800m: 9:46.18		
	100m: 1:08.37	250m: 2:58.12	400m: 4:49.10	550m: 6:40.56	700m: 8:32.65			
	150m: 1:44.75	300m: 3:35.02	450m: 5:26.32	600m: 7:17.95	750m: 9:10.03			
7.	Van Avermaet Merel	TSZ	01	BEL	10:05.10	10:08.77		
	50m: 33.02	200m: 2:24.30	350m: 4:19.06	500m: 6:15.21	650m: 8:13.27	800m: 10:08.77		
	100m: 1:09.29	250m: 3:02.64	400m: 4:57.69	550m: 6:54.34	700m: 8:52.41			
	150m: 1:46.53	300m: 3:40.49	450m: 5:36.61	600m: 7:33.85	750m: 9:31.14			
8.	Verstrepen Axelle	SHARK	02	BEL	10:08.25	10:22.03		
	50m: 33.95	200m: 2:30.07	350m: 4:28.87	500m: 6:27.26	650m: 8:25.50	800m: 10:22.03		
	100m: 1:12.00	250m: 3:09.98	400m: 5:08.38	550m: 7:06.65	700m: 9:04.84			
	150m: 1:50.93	300m: 3:49.74	450m: 5:48.02	600m: 7:46.20	750m: 9:43.74			

19 jaar en ouder

1.	Setz Laura	OCD	00	NED	8:55.23	8:54.71		
	50m: 29.91	200m: 2:09.54	350m: 3:52.31	500m: 5:34.26	650m: 7:15.58	800m: 8:54.71		
	100m: 1:02.22	250m: 2:43.99	400m: 4:26.25	550m: 6:08.14	700m: 7:49.19			
	150m: 1:35.85	300m: 3:18.10	450m: 5:00.49	600m: 6:41.85	750m: 8:22.58			
2.	Mattens Edith	KZK	97	BEL	8:59.31	8:57.26		
	50m: 30.37	200m: 2:10.28	350m: 3:51.81	500m: 5:33.72	650m: 7:16.14	800m: 8:57.26		
	100m: 1:03.16	250m: 2:44.08	400m: 4:25.85	550m: 6:07.92	700m: 7:50.03			
	150m: 1:36.43	300m: 3:18.02	450m: 4:59.67	600m: 6:41.93	750m: 8:24.05			
3.	Stel Serena	OCA	98	NED	8:54.44	9:03.21		
	50m: 29.69	200m: 2:10.00	350m: 3:53.13	500m: 5:36.30	650m: 7:20.60	800m: 9:03.21		
	100m: 1:01.98	250m: 2:44.44	400m: 4:27.41	550m: 6:10.98	700m: 7:55.66			
	150m: 1:35.71	300m: 3:18.85	450m: 5:01.92	600m: 6:45.52	750m: 8:30.11			
4.	Van Hyfte Isaura	MEGA	99	BEL	9:43.53	9:32.38		
	50m: 32.10	200m: 2:18.77	350m: 4:07.07	500m: 5:55.23	650m: 7:44.28	800m: 9:32.38		
	100m: 1:07.11	250m: 2:54.88	400m: 4:43.20	550m: 6:31.51	700m: 8:20.89			
	150m: 1:42.86	300m: 3:30.86	450m: 5:19.14	600m: 7:07.77	750m: 8:57.94			

VK 2019
Antwerpen, 1- - 3-3-2019

Programmanr. 24, Dames, 800m vrije slag, 19 jaar en ouder

Rang	Geb.			Inscr.			Tijd	Pnt
5.	MEGA 00			BEL			9:24.89	9:43.29
	50m: 31.79	200m: 2:19.29	350m: 4:09.05	500m: 6:01.49	650m: 7:53.18	800m: 9:43.29		
	100m: 1:06.50	250m: 2:55.58	400m: 4:46.61	550m: 6:38.19	700m: 8:30.80			
	150m: 1:42.46	300m: 3:32.41	450m: 5:23.46	600m: 7:15.87	750m: 9:07.92			

Programmanr. 25
2-3-2019

Heren, 4 x 100m vrije slag

alg. leeftijdsgroep
Resultaten

Belgisch record	3:16.32	BRABO	BRABO	Antwerpen	27-5-2016
Vlaams record	3:16.32	BRABO	BRABO	Antwerpen	27-5-2016

Punten:

Rang	Geb.			Inscr.			Tijd	Pnt
15 - 18 jaar								
1.	STT			BEL			3:40.43	3:37.15
	Franchx Stan	02 25.70	53.68	Camps Roeland	01	25.39	53.93	
	Sempels Gilles	02 26.54	55.49	Berx Robbe	03	25.71	54.05	
2.	MEGA			BEL			3:42.84	3:37.36
	Gantois Olivier	02 26.37	54.59	Herteleer Jonas	01	25.75	54.32	
	David Loeka	03 25.74	54.33	Kallaert Dries	02	25.82	54.12	
3.	DMI			BEL			3:42.82	3:38.94
	Devos Abel	03 25.83	53.64	Verhaeghe Robbe Does	01	26.12	55.76	
	Dejonghe Arnaud	02 25.39	54.29	Abdulhussain Zaid	02	25.55	55.25	
4.	BRABO			BEL			3:38.74	3:40.79
	Janssens Renzo	02 26.27	54.74	Lauwers Sander	01	25.86	55.17	
	Al Tuwajjari Mustafa	02 26.18	55.23	Marichal Seppe	01	26.58	55.65	
5.	SHARK			BEL			3:41.91	3:41.33
	Hollanders Ian	03 27.46	57.61	Horemans Ruben	01	25.73	54.67	
	Liekens Jasper	02 26.87	55.78	Wyns Seppe	02	25.60	53.27	
6.	STW			BEL			3:53.72	3:48.51
	Hebb Xander	03 26.96	55.10	Orban Olivier	02	28.15	58.36	
	Verbist Stijn	04 29.15	1:00.10	Weyts Milan	04	26.27	54.95	
7.	DDAT			BEL			3:51.60	3:48.80
	Meere Jarno	03 26.19	54.78	Boulez Edouard	02	27.68	58.18	
	Joris Luca	03 27.36	57.52	Joris Dante	03	27.39	58.32	
8.	KZK			BEL			3:41.49	3:48.94
	Guillemy Lucas	03 28.20	58.29	Devoldere Henri	04	27.71	58.21	
	Mestdagh Arne	02 27.97	58.09	Labaere Levi	01	26.08	54.35	
9.	FIRST			BEL			3:57.08	3:50.27
	Spleers Mauro	03 26.78	56.98	Goubeir Niels	01	27.12	56.91	
	Maaroufi Ismael	03 28.04	59.28	Van Mieghem Alexander	02	26.97	57.10	
10.	LAQUA			BEL			NT	3:51.82
	Dobbelaere Sam	01 27.14	56.03	Mulkens Bavo	04	28.84	1:00.20	
	Van Droogenbroeck Niels	03 27.96	58.28	Debrabandere Paul	01	26.90	57.31	

Programmanr. 25, Heren, 4 x 100m vrije slag

alg. leeftijdsgroep

1. BRABO OPEN	BRABO	BEL	3:34.38	3:22.97			
Timmers Pieter	88 24.04	49.64	De Smedt Jesse	00	23.98	51.38	
Vangoetsenhoven Dries	97 24.19	51.03	De Meulemeester Sébastien	98	23.67	50.92	
2. MEGA OPEN	MEGA	BEL	3:35.31	3:37.36			
Spanhove Lars	96 26.53	54.56	Rydant Hannes	93	25.90	54.84	
Peters Bert	92 25.70	53.63	Wittevrongel Jorik	99	26.17	54.33	
3. UZKZ OPEN	UZKZ	BEL	3:42.63	3:39.93			
Deblock Lucas	00 26.18	54.23	Mabbe Elian	04	26.68	55.85	
Coorevits Simon	01 26.58	55.51	Braekeveld Tibo	01	25.82	54.34	
4. KZK OPEN	KZK	BEL	3:33.16	3:40.11			
Dewulf Gillian	96 25.41	52.94	Samyn Jonas	00	26.45	56.23	
Vaernewyck Xander	99 26.82	56.15	Derez Matthias	00	25.74	54.79	
5. FIRST OPEN	FIRST	BEL	3:40.92	3:40.81			
Guldentops Kevin	00 27.29	56.71	Heuninck Stijn	00	26.69	56.84	
Van Synghele Noah	02 25.72	54.71	Lafort Iarre	93	24.38	52.55	
6. SCSG OPEN	SCSG	BEL	3:52.09	3:45.53			
Colson Niels	02 28.08	57.19	Busaan Anton	00	27.56	56.80	
De Mey Largo	01 26.13	55.23	Grondel Charles	02	27.07	56.31	
DIS STT OPEN	STT	BEL	3:36.84				
<i>SW 10.11 - te vroeg gestart in een aflossing door 2de, 3de of 4de zwemmer</i>							
De Munck Milan, Berx Jonas, Hermans Janou, Marcourt Alexandre							

Programmanr. 26
2-3-2019

Dames, 4 x 100m vrije slag

alg. leeftijdsgroep
Resultaten

Belgisch record	3:46.38	BRABO	BRABO	Antwerpen	20-5-2013
Vlaams record	3:46.38	BRABO	BRABO	Antwerpen	20-5-2013

Punten:

Rang	Inschr.	Tijd	Pnt		
15 - 17 jaar					
1. BZK 15-17	BZK	BEL	3:57.45	3:58.26	
Feys Jutta	02 28.79	59.89	Vanassche Flore	04 28.46	1:00.16
Deconinck Gaëlle	04 29.20	1:01.06	Vandenbussche Indra	02 26.69	57.15
2. BRABO 15-17	BRABO	BEL	4:04.09	4:02.87	
Martens Chloë	02 28.98	1:00.51	Feyen Charlotte	03 29.16	1:00.74
Van Wallendael Sarah	02 29.00	1:00.99	Vermeiren Fleur	02 28.78	1:00.63
3. MEGA 15-17	MEGA	BEL	4:08.07	4:05.22	
De Heyder Lot	02 29.12	1:01.08	Mastsiapan Darya	04 29.97	1:02.07
Van Poucke Hanne	04 29.63	1:02.11	Inkaya Dalya	03 28.87	59.96
4. FIRST 15-17	FIRST	BEL	4:09.39	4:07.66	
De Carne Lara	02 29.35	1:01.57	Talloon Charlot	02 28.90	1:00.45
Van Varenberg Merel	03 30.56	1:05.71	Van Cauwenberghe Lisa	03 28.43	59.93
5. DDAT 15-17	DDAT	BEL	4:25.28	4:22.80	
Sneppé Diede	03 29.88	1:03.24	De Craen Imke	04 32.07	1:09.09
Puttaert Elien	04 30.21	1:03.51	Borremans Lotte	03 31.39	1:06.96

Programmanr. 26, Dames, 4 x 100m vrije slag

alg. leeftijdsgroep

1. BRABO OPEN	BRABO	BEL	4:02.95	3:52.56			
Ravelingien Lana	03 28.05 57.55	Geeroms Anke		00 29.34	1:00.12		
Buyts Kimberly	89 27.58 57.71	Goris Lotte		00 27.61	57.18		
2. SHARK OPEN	SHARK	BEL	3:59.97	3:59.32			
Brosens Sarah	01 28.83 1:00.80	Maerevoet Marie		04 28.40	58.65		
Trop Yana	04 28.86 1:01.01	Dom Yne		95 28.25	58.86		
3. KZK OPEN	KZK	BEL	3:55.92	4:00.50			
Mattens Edith	97 29.47 1:00.63	Remmery Anice		02 28.61	59.80		
Decock Maaïke	00 28.61 59.80	Vandendorpe Florence		02 29.13	1:00.27		
4. MEGA OPEN	MEGA	BEL	4:09.68	4:05.19			
Mattheeuws Lie	05 28.88 1:00.69	Van Hyfte Isaura		99 29.57	1:01.59		
Goethals Hilkje	95 29.54 1:00.78	Van Nieuwenhove Laurien		99 29.91	1:02.13		
5. UZKZ OPEN	UZKZ	BEL	4:11.51	4:10.51			
Demeyere Anouk	02 29.55 1:02.22	Spincemaille Laura		00 29.40	1:02.33		
Spincemaille Luna	03 30.32 1:04.19	Mahieu Hannah		02 29.29	1:01.77		
6. TZ OPEN	TZ	BEL	NT	4:13.76			
Max Lara	04 30.75 1:04.26	Van Steen Ayko		01 31.14	1:05.30		
Van Steen Yinthe	03 30.21 1:02.23	Avalos Llerena Diana		04 28.94	1:01.97		
7. TSZ OPEN	TSZ	BEL	4:16.35	4:18.00			
Buytaert Fien	00 29.89 1:04.00	Van Avermaet Merel		01 30.92	1:05.12		
Hollevoet Marie	00 30.62 1:05.83	Buytaert Lotte		02 30.08	1:03.05		