

Programme Open Belgian Championships Swimming (ANTWERP * 17-19/05/2019)

Friday 17/05/2019				Saturday 18/05/2019				Sunday 19/05/2019			
Heats	09h00	(warm-up > 07h30 - 08h45)		Heats	09h00	(warm-up > 07h30 - 08h45)		Heats	09h00	(warm-up > 07h30 - 08h45)	
C1	200m	Backstroke	Women	C16	100m	Breaststroke	Women	C30	100m	Free Style	Women
C2	200m	Free Style	Men	C17	100m	Breaststroke	Men	C31	100m	Free Style	Men
C3	800m (#)	Free Style	Women	C18	200m	Butterfly	Women	C32	200m	Breaststroke	Women
C4	400m	Medley	Men	C19	200m	Butterfly	Men	C33	200m	Breaststroke	Men
C5	100m	Butterfly	Women	C20	50m	Free Style	Women	C34	50m	Backstroke	Women
C6	100m	Butterfly	Men	C21	50m	Free Style	Men	C35	50m	Backstroke	Men
C7	50m	Breaststroke	Women	C22	100m	Backstroke	Women	C36	50m	Butterfly	Women
C8	50m	Breaststroke	Men	C23	100m	Backstroke	Men	C37	50m	Butterfly	Men
C9	200m	Free Style	Women	C24	400m	Free Style	Women	C38	1500m(#)	Free Style	Women
C10	200m	Backstroke	Men	C25	400m	Free Style	Men	C39	800m (#)	Free Style	Men
C11	400m	Medley	Women	C26	200m	Medley	Women	C40	4x100m	Free Style	Mixed
C12	1500m (#)	Free Style	Men	C27	200m	Medley	Men	PODIUM C40			
C13	4x100m	Medley	Mixed	trial	5000m	Free Style	Mixed	800m & 1500m (#) => from 9th - 16th entry time			
PODIUM C13											
800m & 1500m (#) => from 9th - 16th entry time											
Break				Break				Break			
13h00	400m	Free Style	Girls 11y					13h00	400m	Free Style	Boys 12y
promo	400m	Free Style	Boys 13y					promo	400m	Free Style	Girls 13y
finals	400m	Free Style	Girls 12y					finals	400m	Free Style	Boys 14y
youth	200m	Ind. Medley	Boys 12y					youth	200m	Ind. Medley	Girls 11y
(warm-up	200m	Ind. Medley	Girls 13y					(warm-up	200m	Ind. Medley	Boys 13y
12h00)	200m	Ind. Medley	Boys 14y					12h00)	200m	Ind. Medley	Girls 12y
Finals (*)	16h00	(warm-up > 14h30 - 15h45)		Finals (*)	16h00	(warm-up > 14h30 - 15h45)		Finals (*)	16h00	(warm-up > 14h30 - 15h45)	
F1 (A&B)	200m	Backstroke	Women	F16 (A&B)	100m	Breaststroke	Women	F30 (A&B)	100m	Free Style	Women
F2 (A&B)	200m	Free Style	Men	F17 (A&B)	100m	Breaststroke	Men	F31 (A&B)	100m	Free Style	Men
F3	800m (*)	Free Style	Women	F18 (A&B)	200m	Butterfly	Women	F32 (A&B)	200m	Breaststroke	Women
F4 (A&B)	400m	Medley	Men	F19 (A&B)	200m	Butterfly	Men	F33 (A&B)	200m	Breaststroke	Men
PODIUM F1-F3 (A-FINALE)				PODIUM F16-F18 (A-FINALE)				PODIUM F30-32 (A-FINALE)			
F5 (A&B)	100m	Butterfly	Women	F20 (A&B)	50m	Free Style	Women	F34 (A&B)	50m	Backstroke	Women
F6 (A&B)	100m	Butterfly	Men	F21 (A&B)	50m	Free Style	Men	F35 (A&B)	50m	Backstroke	Men
F7 (A&B)	50m	Breaststroke	Women	F22 (A&B)	100m	Backstroke	Women	F36 (A&B)	50m	Butterfly	Women
F8 (A&B)	50m	Breaststroke	Men	F23 (A&B)	100m	Backstroke	Men	F37 (A&B)	50m	Butterfly	Men
PODIUM F4-F7 (A-FINALE)				PODIUM F19-F22 (A-FINALE)				PODIUM F33-F37			
F9 (A&B)	200m	Free Style	Women	F24 (A&B)	400m	Free Style	Women	F38	1500m(*)	Free Style	Women
F10 (A&B)	200m	Backstroke	Men	F25 (A&B)	400m	Free Style	Men	F39	800m (*)	Free Style	Men
F11 (A&B)	400m	Medley	Women	F26 (A&B)	200m	Medley	Women	PODIUM F38-F39			
F12	1500m(*)	Free Style	Men	F27 (A&B)	200m	Medley	Men	C41	4 x 100m	Medley	Men
PODIUM F8-F12 (A-FINALE)				PODIUM F23-F27 (A-FINALE)							
C14	4 x 100m	Free Style	Women	C28	4 x 200m	Free Style	Women	C42	4 x 100m	Medley	Women
C15	4 x 100m	Free Style	Men	C29	4 x 200m	Free Style	Men	PODIUM C41-C42			
PODIUM C14-C15				PODIUM C28-29							
800m & 1500m (*) = 1st - 8th entry time								800m & 1500m (*) = 1st - 8th entry time			



(*) FINALS

OPEN A-final Best 8th qualifying times of heats (with max. 2 foreign athletes)

OPEN B-final Best 9-16th qualifying times of heats (with max. 2 foreign athletes)

The "OPEN A" final is always swum before the "B" final. Only podium and medal ceremony for "OPEN A" final.

The "OPEN B" final will only be swum at the 50m-100m-200m-400m individual events if there are min. 24 entries or swimmers (after withdrawals 48h before event)

Event Limit Times Open Belgian Championships Swimming (ANTWERP * 17-19/05/2019)

		Women	Men
50m	Free	0.28.80	0.25.90
100m	Free	1.02.40	0.56.80
200m	Free	2.15.40	2.04.40
400m	Free	4.46.20	4.25.20
800m	Free	9.47.90	9.13.70
1500m	Free	18.52.70	17.33.30
50m	Backstroke	0.33.10	0.29.50
100m	Backstroke	1.11.20	1.03.50
200m	Backstroke	2.33.20	2.19.90
50m	Breaststroke	0.36.70	0.32.60
100m	Breaststroke	1.19.50	1.11.70
200m	Breaststroke	2.51.80	2.37.50
50m	Butterfly	0.30.90	0.27.70
100m	Butterfly	1.08.50	1.01.40
200m	Butterfly	2.34.40	2.18.80
200m	Ind Medley	2.35.20	2.19.60
400m	Ind Medley	5.30.00	5.00.00
4x100m	Free	no limit	no limit
4x200m	Free	no limit	no limit
4x100m	Medley	no limit	no limit
4x100m	Free MIXED	no limit	no limit
4x100m	Medley MIXED	no limit	no limit

**No limit on the number of entries of relay teams per club!
But only 1 relay team per club
for the podium and for the championships points!**

De limietijden moeten op de dag van de competitie gezwommen worden. Elke overschrijding van de limiettijd zal beboet worden.

Les temps limites doivent être réalisés le jour même de la compétition. Chaque dépassement de temps limite sera pénalisé d'une amende.

The event limit times must be achieved on the day of the competition. Any exceeding of the event limit time will be fined.

